

**ÀJÒ'S RETREAT  
IN CAPE TOWN INCLUDES:**

- Luxurious Accommodations
- Health and Wellness Sessions
- All Ground Transportation
- Yoga and Meditation

**BOOKING  
&  
ENQUIRIES**

[ajowellness@gmail.com](mailto:ajowellness@gmail.com)  
[www.ajowellness.square  
space.com](http://www.ajowellness.square<br/>space.com)



- All Meals (locally sourced)
- Cape Town Highlight Tours
- Professional Photographs
- Self-Care Day
- Glamorous Gala Night

**U.S #:** +1 (443) 396-3095  
+1 (410) 674 8597  
**S.A #:** +27 76 378 9873  
**WhatsApp #:**  
+1 (240) 381 6367

**ÀJÒ  
WELLNESS  
GROUP**  
INTERNATIONAL  
TRAVEL RETREATS

## CAPE TOWN TOURS & ADVENTURES:

- Table Mountain
- Robben Island
- Chapman's Peak
- Cape Point

## ÀJÒ PROVIDES "WHOLE ME":

- GROUP & PRIVATE RETREATS
- CORPORATE WELLNESS
- TRAVEL PLANNING

## ÀJÒ "WHOLE ME" GETAWAY RETREAT



- Sea Point
- Safari
- City Tour
- Wine Tasting
- Township Tour
- Local Market & Shops

## OUR PHILOSOPHY:

### "WHOLE ME" TRIAD



HEALTH  
SPIRITUALITY  
EXPLORATION

REFLECT  
RECONNECT  
REJUVENATE