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Zanzibar Itinerary USA/International Clients & South African Residents

\$2300 - \$2800 & R13000 - R15000 per person

\$2300 - \$2800 Per Person Sharing International Rate (7 Days)

R13000 - R15000 Per Person Sharing South African Residents (5 days)

Trip Summary

Cancellation Policy International Clients

See Full Contract for Details

Not Included, International.

NOT INCLUDED:

International Residents Day 1

Arrival at Red Monkey Zanzibar and Introduction

Day 2

Beach Yoga and Mindfulness Session; SUPping & Cooking Class...

Day 3

ISLAND TOUR , SNORKELING

Day 4

Sunset Yoga/Mindfulness, Health Session & Relaxation

Day 5

Seaweed Center Tour & Gala Dinner

Day 6

Depart for Stone Town

Day 7

Depart Zanzibar

SOUTH AFRICAN RESIDENTS ITINERARY.

ZANZIBAR SAMPLE ITINERARY

4 Nights: Experience the tropical paradise of Zanzibar

4 Nights at Red Monkey Lodge with Daily Breakfast and Dinner.

What is Included and What is Not Included. South Africans.

What is Included

Cancellation Policy

South African Residents

Cancellation Policy International Clients



See Full Contract for Details

A deposit of \$399 is required to reserve your spot. Deposit is NON-REFUNDABLE.

Full Payment due 60 Days before tour date.

*The prices shown are U.S. dollars per person, based on double occupancy and subject to availability. Prices quoted for AJÖ Group Tours are subject to increase without notice. Once we have received your deposit, tour prices are guaranteed. Air prices quoted here, on our social media platform, phone or email are subject to increase and are guaranteed only from the time that full payment is received.

*See Contract for all details.

Not Included, International.



NOT INCLUDED:

- International Flight from Home country to Zanzibar Island, Tanzania.
- Mandatory Travel Insurance
- **MANDATORY International/Travel medical insurance ([Buy Here](#))
- Passport & Visa fees (If Applicable)
- Any extra not mentioned or not in itinerary
- Drinks
- Lunch
- Massages

International Residents Day 1



Arrival at Red Monkey Zanzibar and Introduction

- Fly into Zanzibar from
- Taxi to Red Monkey Lodge
- Welcome Dinner and Host Introduction



Day 2



Beach Yoga and Mindfulness Session; SUPping & Cooking Class...

- Sunrise yoga/mindfulness.
- Breakfast
- Intro Session and Journaling
- Setting Intentions

- Free Time
- SUPping at Red Monkey Lodge
- Cooking class with a local



Day 3



ISLAND TOUR , SNORKELING

- Breakfast
- Half Day Island tour to nearby islands with a local Guide
- Snorkeling
- Seafood BBQ on Kamado Island
- Afternoon return
- Free time
- Dinner



Day 4



Sunset Yoga/Mindfulness, Health Session & Relaxation

- Sunrise yoga
- Mindfulness
- Breakfast
- Health Session with Bisi (Healthcare Provider licensed in the State of Maryland, U.S.A)
- Free time
- Massage (extra, not included in price)
- Dinner



Day 5



Seaweed Center Tour & Gala Dinner

- Relaxed Wake up
- Breakfast at leisure
- Visit to the Seaweed Centre to meet the local ladies who harvest seaweed for skincare products.
- Freetime
- SUP, massage or yoga session (extras not included in price)
- Final Gala Dinner on the beach with local performance



Day 6



Depart for Stone Town

- AM Transfer to Stone Town
- Free time to relax or explore
- Afternoon Stone Town Discovery with a local Guide, Sahid and herbs exploration
- Rooftop Dinner



Day 7



Depart Zanzibar

Enjoy your breakfast while you take in the beauty around you. It's not a good-bye but a see you later as today is your last day with us. Enjoy breakfast and our driver will whiz you to the airport for your flight as you reminisce on your unforgettable time here at the beautiful Zanzibar Island, and get back home to jump start a healthier and happier lifestyle.

Breakfast

- Airport Transfer



SOUTH AFRICAN RESIDENTS ITINERARY.



ZANZIBAR SAMPLE ITINERARY

4 Nights: Experience the tropical paradise of Zanzibar



4 Nights at Red Monkey Lodge with Daily Breakfast and Dinner.

- 2 morning or sunset beach yoga sessions (Time of yoga on the beach is entirely weather and tide dependent, so may be moved indoors)
- 2 SUPPING sessions from the beach
- Retreats throughout the year: April, June, Oct, Nov, Dec
- 4 nights accommodation at the Red Monkey Lodge right on the beach in Jambiani.
- Daily breakfast and dinner
- Immersive excursion such as an eco-friendly island hopping with seafood BBQ and snorkeling.
- Swahili Cooking course and dinner with a local.

- **Option to up the adventure levels of trips for groups wanting to focus on fitness i.e kayak to a nearby island or longer SUP excursion.
- Airport transfer included in the fee
- Abeid Amani Karume International Airport
- Distances Airport and Stone Town: 1 hour and 15 mins



What is Included and What is Not Included. South Africans.



What is Included

- 4 nights at Red Monkey Lodge with daily breakfast and dinner.
- 2 x yoga classes. (More can be arranged upon request of own account)
- Transfers to and from the hotel
- 2x SUPing
- 1x island hopping excursion with seafood BBQ lunch and soft drinks
- 1x Swahili cooking class with local Okala.
- 1x Health Session on preventative health and tips on heart disease prevention.
- 1x beach dinner and/or jam session on final night.

NOT INCLUDED

- Flights
- Any extra not mentioned
- Drinks
- Lunch
- Massages
- Travel Insurance



Cancellation Policy



South African Residents

- A reservation requires a deposit of 14% of the total price.
- The deposit is non-refundable, if the booking is cancelled.
- The rest of the payment should be paid 30 days before arrival.
- See Contract

Information & Documents



PLEASE READ, FOR ALL CLIENTS.

Red Monkey Lodge is a cozy beach lodge where you're encouraged to be barefoot and lazy. With only 14 rooms (12 are ground floor bungalows) with traditional makuti roofs (made from local palm trees), you're only ever a few steps away from the white-sand beach and warm Indian ocean.

You're bound to instantly feel at home and not one of a huge crowd at this lodge perched right on the edge of a small beach cut off by rocky outcrops where you can swim, SUP and try your hand at kite-surfing depending on the weather.

All bungalows have ensuite bathrooms with hot water showers, safety deposit box, mosquito nets, ceiling fans and furniture made from wood reclaimed from old dhows (the local fishing boats).

Wifi is only available in public areas and there's a book exchange corner for avid readers. Head barefoot to the bar and restaurant with the breathtaking beach views and come nightfall, enjoy candlelit dinners and if you're lucky you'll visit on one of their weekly Jam Night sessions where local and international artists jam and entertain guests and dancing often ensues.

Red Monkey Lodge is situated on a small, enclosed section of Jambiani's beach set with white sand and and crystal clear turquoise water surrounded by palm trees. Join the locals for a game of soccer on the beach or take a walk further down to see ladies harvest seaweed to make skin care products.

AJO Wellness hosts its wellness exploration retreats at Red Monkey Lodge as we personally love and have experienced the barefoot tranquility this cosy lodge offers at this end of the beach. Do as little or as much as your holiday heart desires, embark on immersive experiences run by locals who take the environmental and cultural enrichment of the island seriously and leave refreshed and longing to return with more friends.

Please **don't** come expecting luxury, room-service, air conditioner this is Zanzibar, everything moves at a slower pace (as should you). We encourage you to take this time, to unplug, enjoy the fresh island breeze flowing through your room (there are only mosquito nets, no windows) and give your body and mind time to move at a slower pace.

Each day involves a portion of free time left for you to sink into a beach lounge, snooze in your room or enjoy a bit of nothingness. This time is about YOU. Life has a way of keeping us busy at every single hour, so while we have optional activities on this Getaway, you can decide what you'd like to do or opt out when you'd rather do nothing. Plus we open the space to do just that.

Our hope is that you leave Zanzibar feeling refreshed, renewed and re-energized for the season ahead taking a few new practices and thought patterns with you. Plus the memories of a life-changing island escape.

